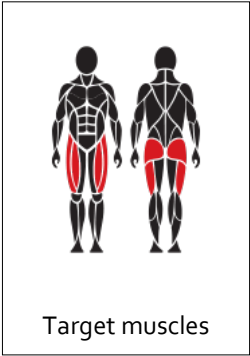


OG10 SQUAT

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 20-90 kg (2 x weight unit)
 - 5 kg increments
- Multigrip (distance)
- Adjustable starting height
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG10 SQUAT

D I M E N S I O N S

Length	2055 mm
Width	930mm
Height	1880 mm
Equipment weight	227 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

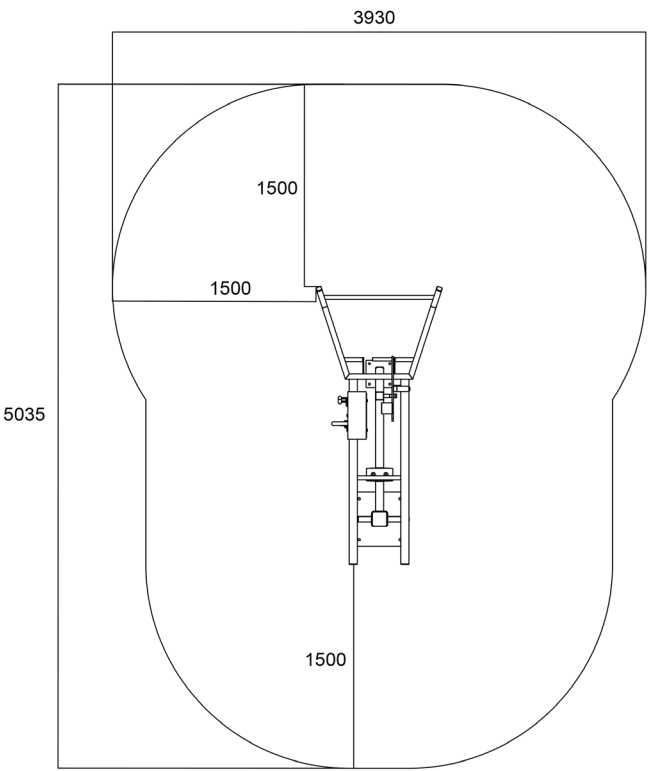
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

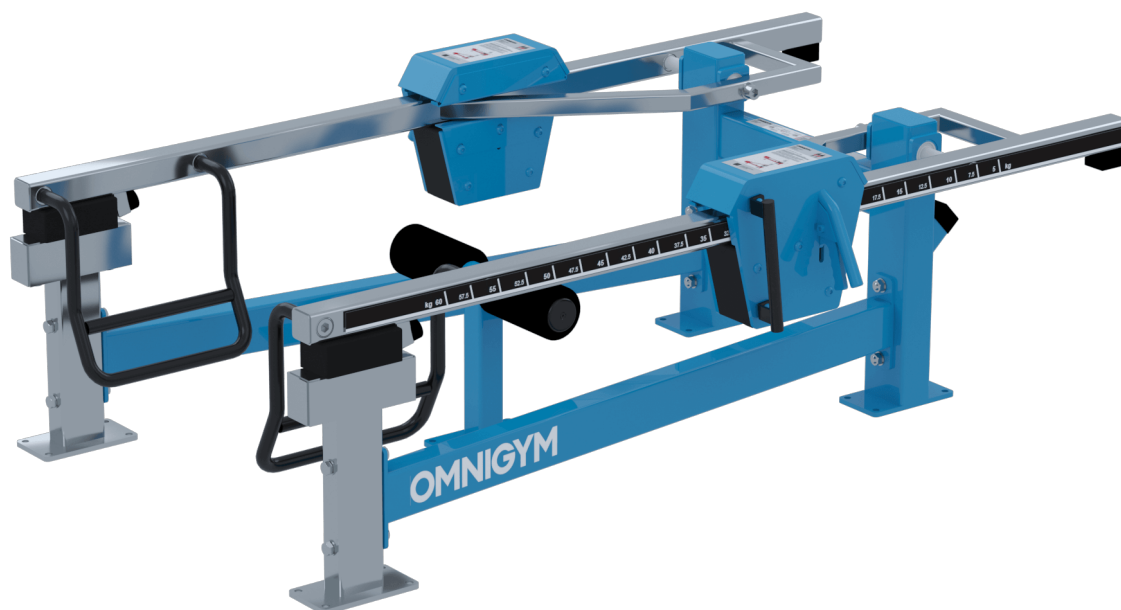
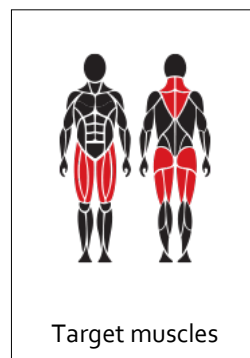
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG12 MULTILIFT

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 5-120 kg (2 x weight unit)
 - 2,5 kg increments
- Multigrip (height)
- Leg stand for unilateral exercises
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG12 MULTILIFT

D I M E N S I O N S

Length	2060 mm
Width	1320 mm
Height	615 mm
Equipment weight	280 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

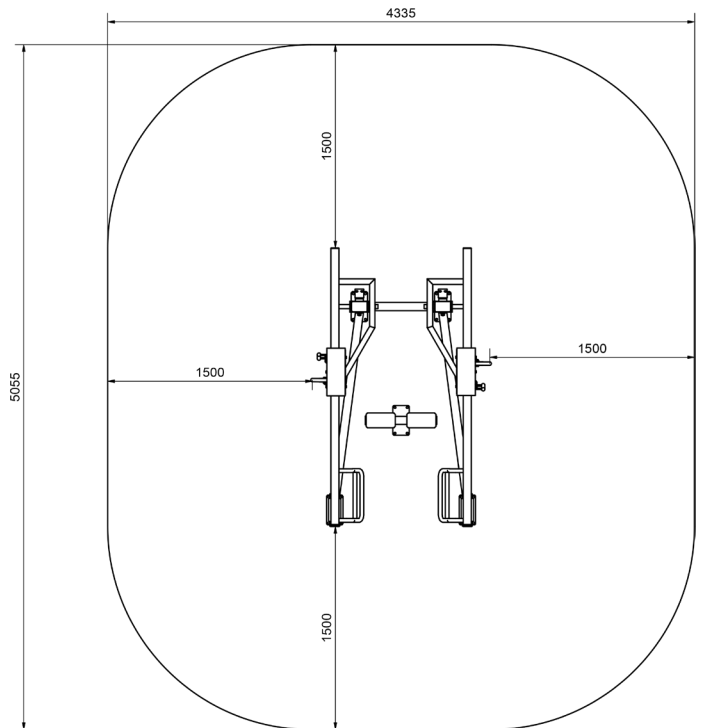
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

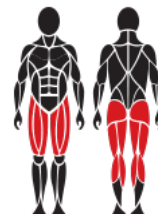
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG14 LEG PRESS

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 75-165 kg (2 x weight unit)
 - 2,5 kg increments
- Adjustable seat (distance)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG14 LEG PRESS

D I M E N S I O N S

Length	3145 mm
Width	1140 mm
Height	1800 mm
Equipment weight	435 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

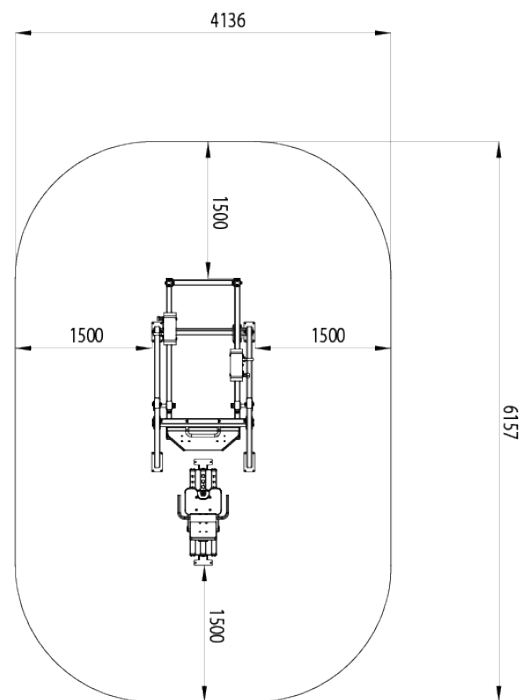
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

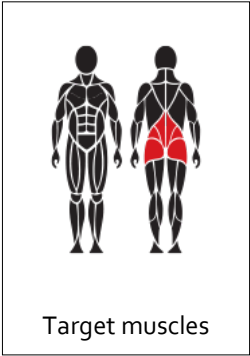
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG20 BACK EXTENSION

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Foot peg with 3 different heights
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG20 BACK EXTENSION

D I M E N S I O N S

Length	1960 mm
Width	750 mm
Height	1000 mm
Equipment weight	91 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

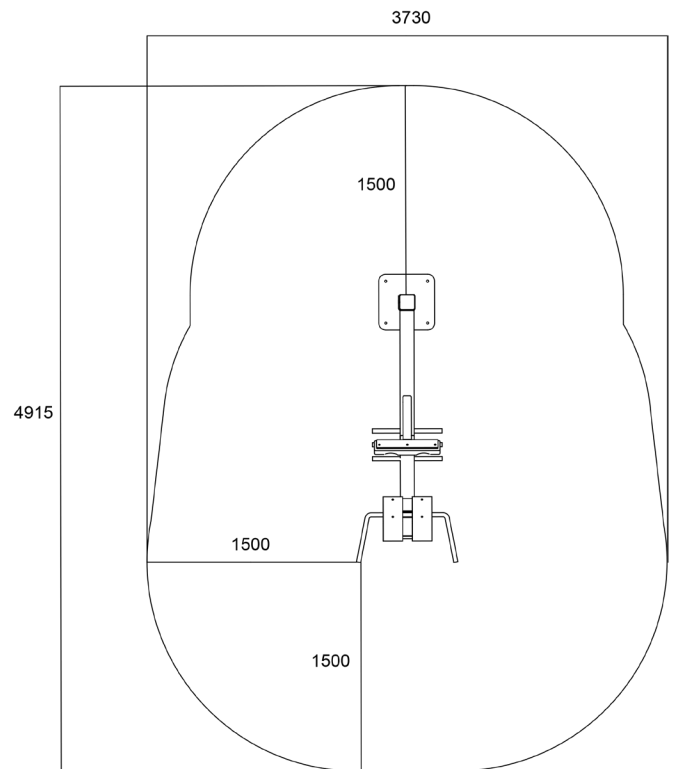
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

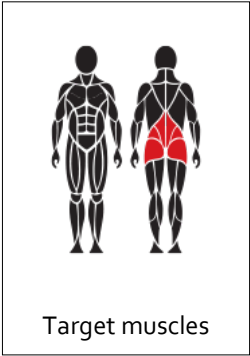
Contact: info@omnigym.com



EN16630

OG21 ADJUSTABLE BACK EXTENSION

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable pelvic support (height)
- Soft and ergonomical leg support
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG21 ADJUSTABLE BACK EXTENSION

D I M E N S I O N S

Length	902mm
Width	742 mm
Height	674 mm
Equipment weight	44 kg

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

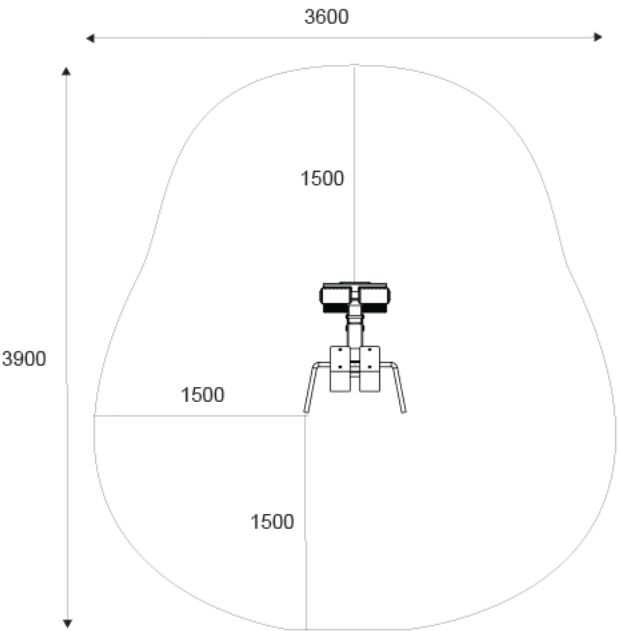
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

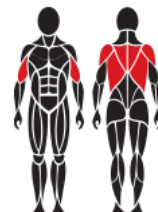
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG22 SEATED ROW

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 5-150 kg (2 x weight unit)
 - 2,5 kg increments
- Multigrip
- Adjustable seat (height)
- Adjustable chest support (distance)
- Grip bar for unilateral exercises
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG22 SEATED ROW

D I M E N S I O N S

Length	1694 mm
Width	1515 mm
Height	999 mm
Equipment weight	258kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

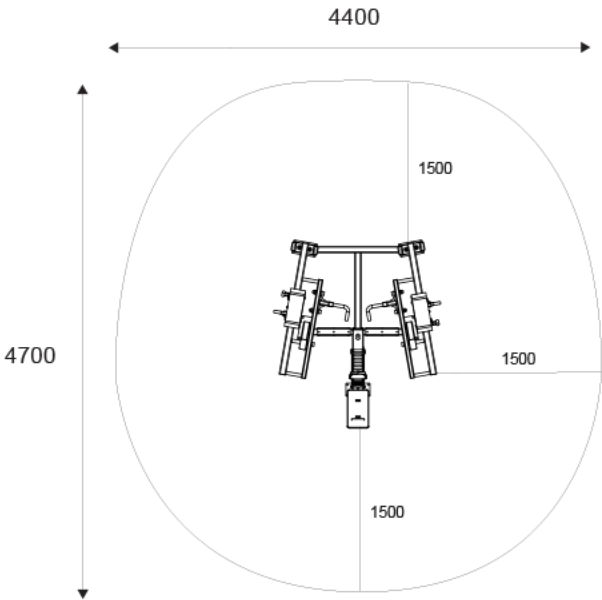
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

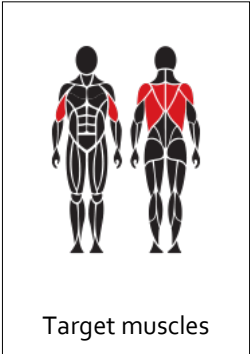
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG23 LOW ROW

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 20-70 kg (1 x weight unit)
 - 2,5 kg increments
- Multigrip (height, width)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG23 LOW ROW

D I M E N S I O N S

Length	2060 mm
Width	850 mm
Height	1410 mm
Equipment weight	128 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

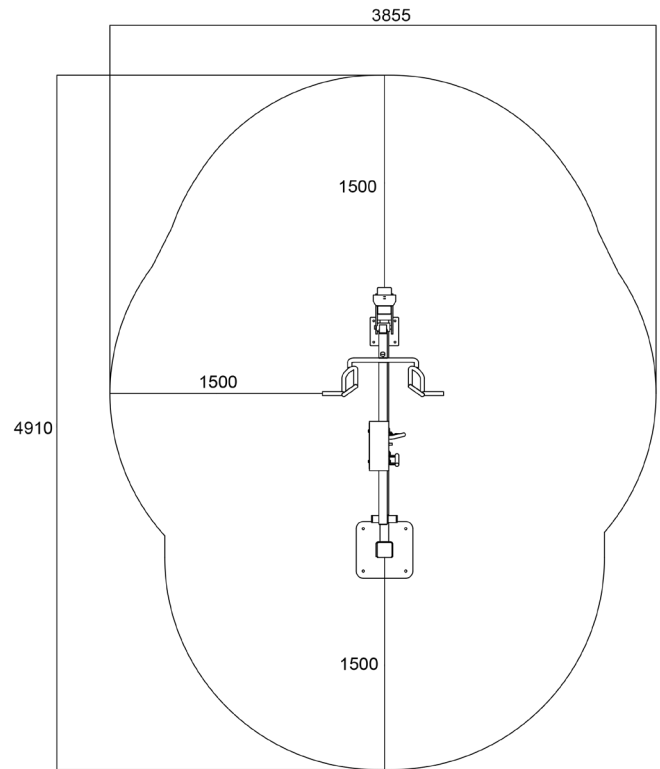
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

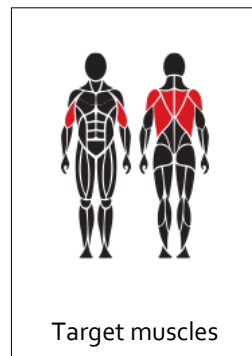
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG24 LAT PULLDOWN

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-100 kg (2 x weight unit)
 - 2,5 kg increments
- Multigrip (height, width)
- Adjustable seat (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG24 LAT PULLDOWN

D I M E N S I O N S

Length	1860 mm
Width	1055 mm
Height	1845 mm
Equipment weight	198 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

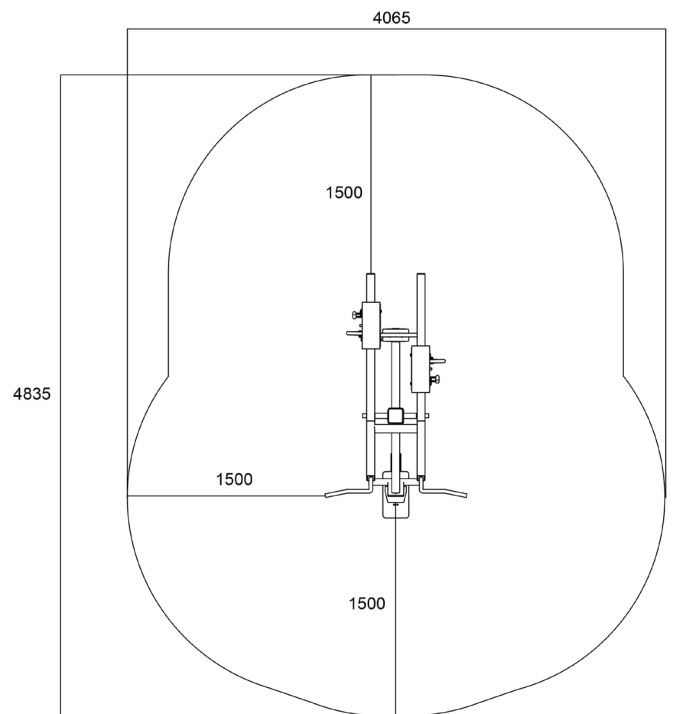
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

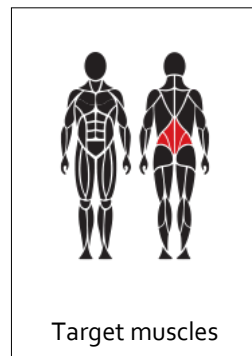
Contact: info@omnigym.com



EN16630

OG26 SEATED BACK EXTENSION

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 12,5-70 kg (1 x weight unit)
 - 2,5 kg increments
- Adjustable seat (height)
- Contoured back support
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG26 SEATED BACK EXTENSION

D I M E N S I O N S

Length	1265 mm
Width	1125 mm
Height	1245 mm
Equipment weight	153 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

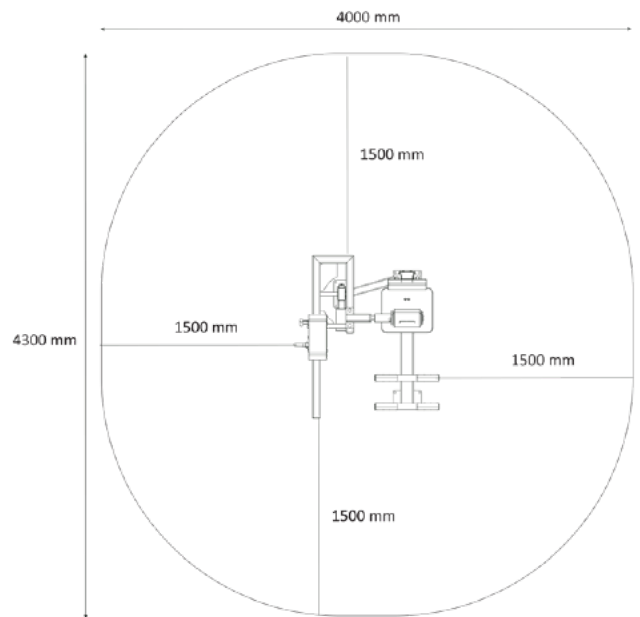
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

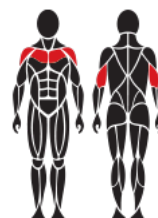
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG30 BENCH PRESS

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-85 kg (2 x weight unit)
 - 5 kg increments
- Multigrip (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG30 BENCH PRESS

D I M E N S I O N S

Length	2760 mm
Width	920 mm
Height	1413 mm
Equipment weight	227 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

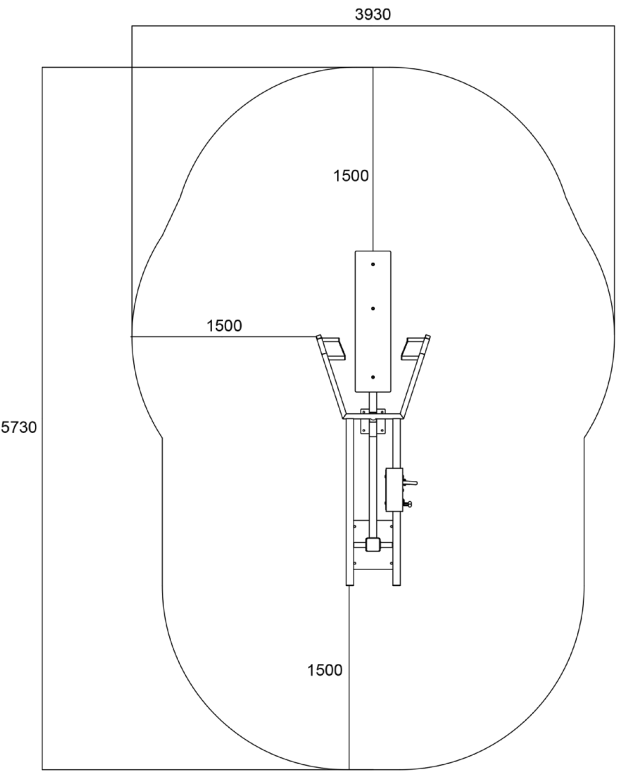
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

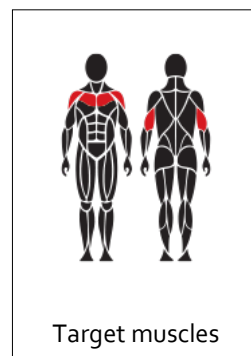
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG₃₁ INCLINE BENCH PRESS

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-85 kg (2 x weight unit)
 - 5 kg increments
- Adjustable seat (height)
- Multigrip (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG₃₁ INCLINE BENCH PRESS

D I M E N S I O N S

Length	2545 mm
Width	930 mm
Height	1412 mm
Equipment weight	234 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

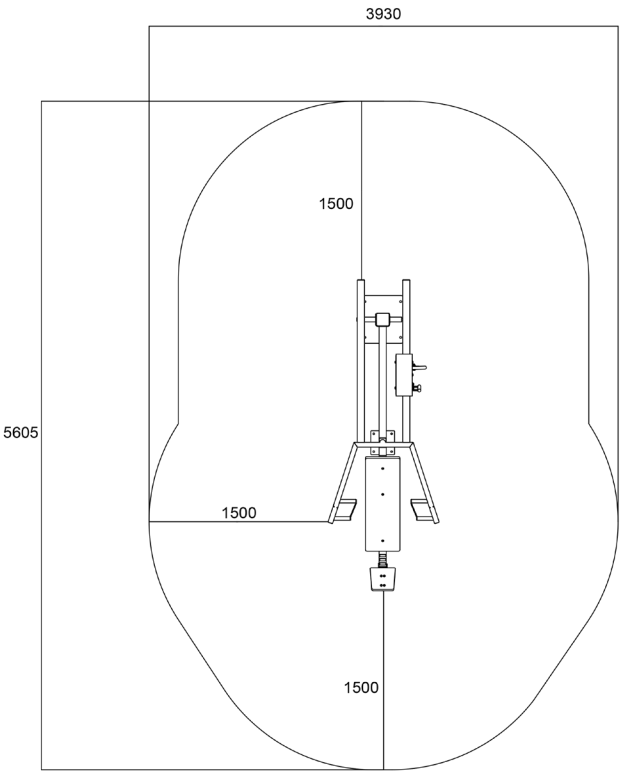
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

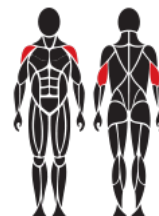
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG₄1 FRONT PRESS

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-85 kg (2 x weight unit)
 - 5 kg increments
- Multigrip (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG₄₁ FRONT PRESS

D I M E N S I O N S

Length	2350 mm
Width	935 mm
Height	1412 mm
Equipment weight	233 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

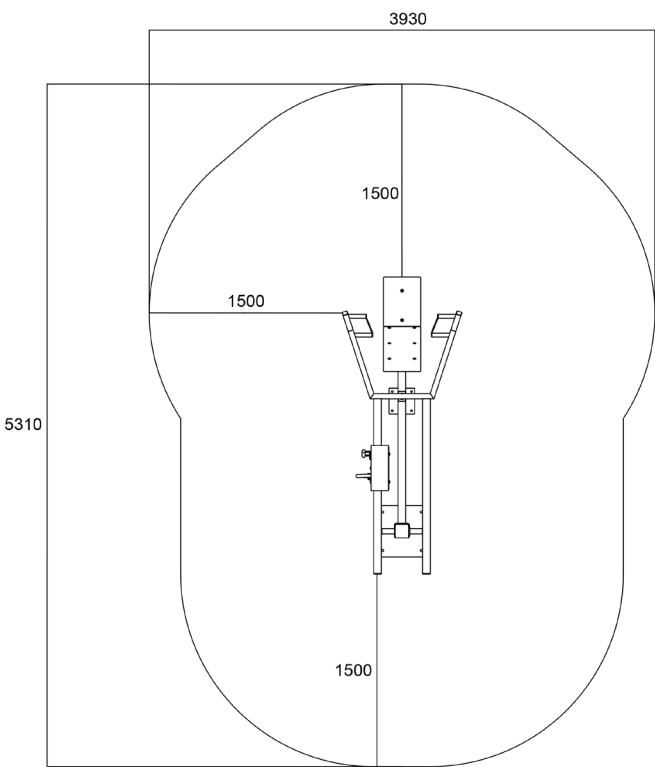
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

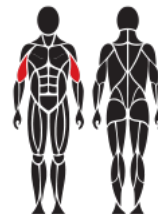
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG70 BICEPS CURL

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 12,5-82,5 kg (2 x weight unit)
 - 2,5 kg increments
- Multigrip (width)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG70 BICEPS CURL

D I M E N S I O N S

Length	2195 mm
Width	740 mm
Height	1430 mm
Equipment weight	207 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

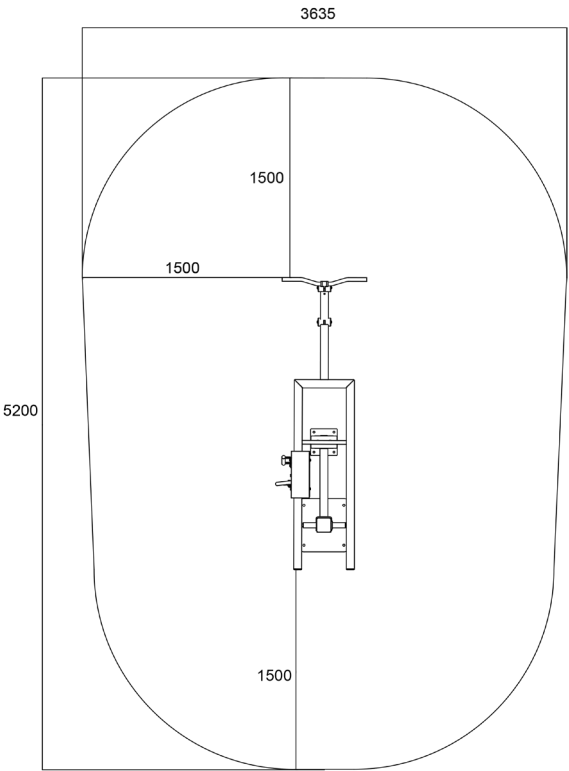
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

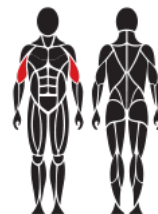
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG72 SEATED BICEPS CURL

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-50 kg (1 x weight unit)
 - 2,5 kg increments
- Adjustable seat (height)
- Multigrip (width)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG72 SEATED BICEPS CURL

D I M E N S I O N S

Length	1460 mm
Width	1260 mm
Height	970 mm
Equipment weight	190 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

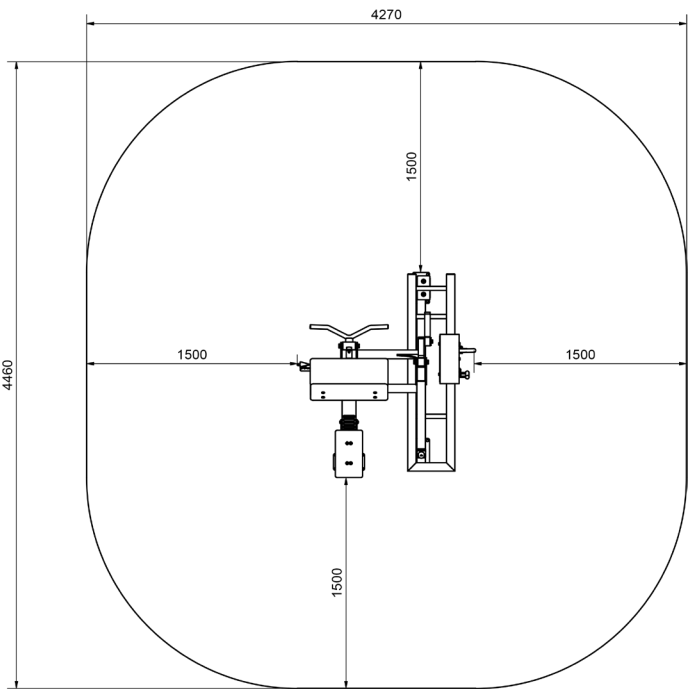
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

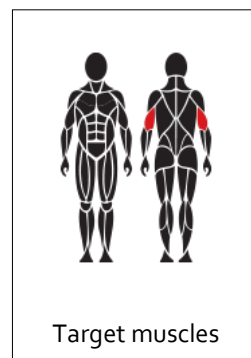
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG8o TRICEPS PRESS

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-60 kg (1 x weight unit)
 - 2,5 kg increments
- Multigrip (width)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG8o TRICEPS PRESS

D I M E N S I O N S

Length	1960 mm
Width	635 mm
Height	1960 mm
Equipment weight	158 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

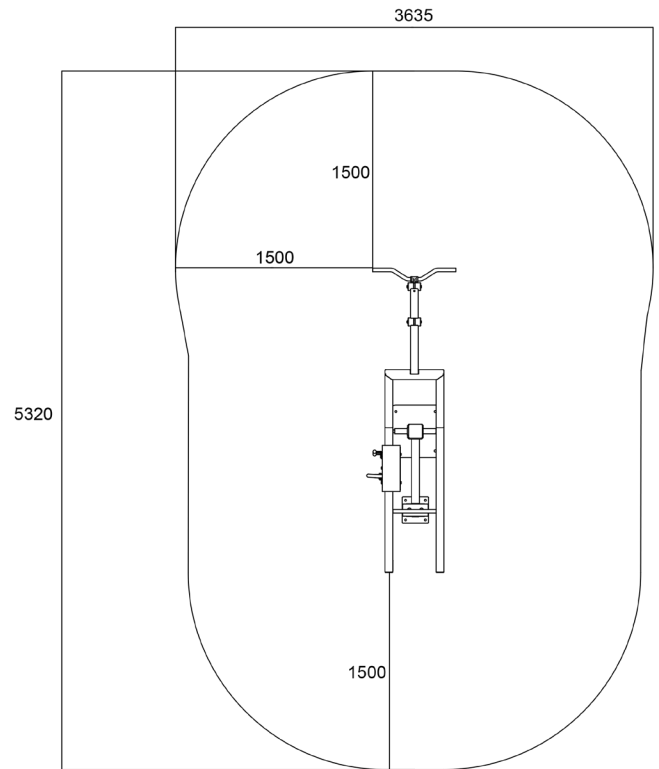
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

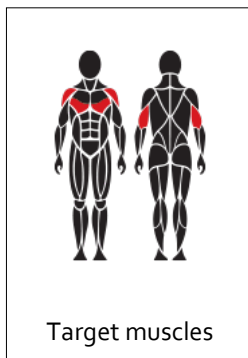
Contact: info@omnigym.com



EN16630

OG81 DIP BARS

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Multigrip (width+distance)
- Structural black bar for grip
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG81 DIP BARS

D I M E N S I O N S

Length	990 mm
Width	965 mm
Height	1425 mm
Equipment weight	37 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

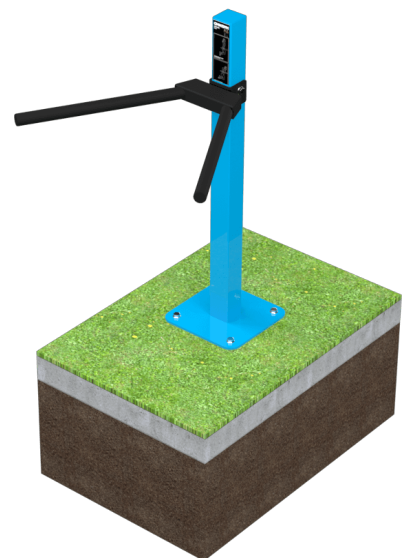
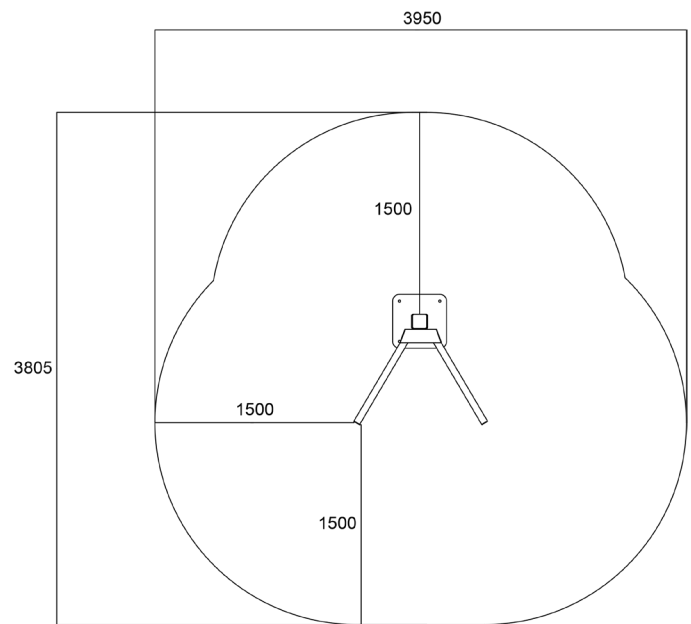
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

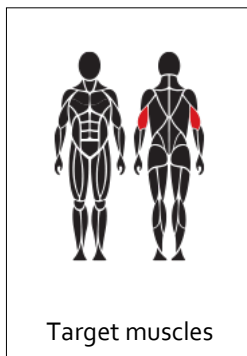
Contact: info@omnigym.com



EN16630

OG82 SEATED TRICEPS EXTENSION

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 5-50 kg (1 x weight unit)
 - 2,5 kg increments
- Adjustable seat (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG82 SEATED TRICEPS EXTENSION

D I M E N S I O N S

Length	1450 mm
Width	1310 mm
Height	1210 mm
Equipment weight	190 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

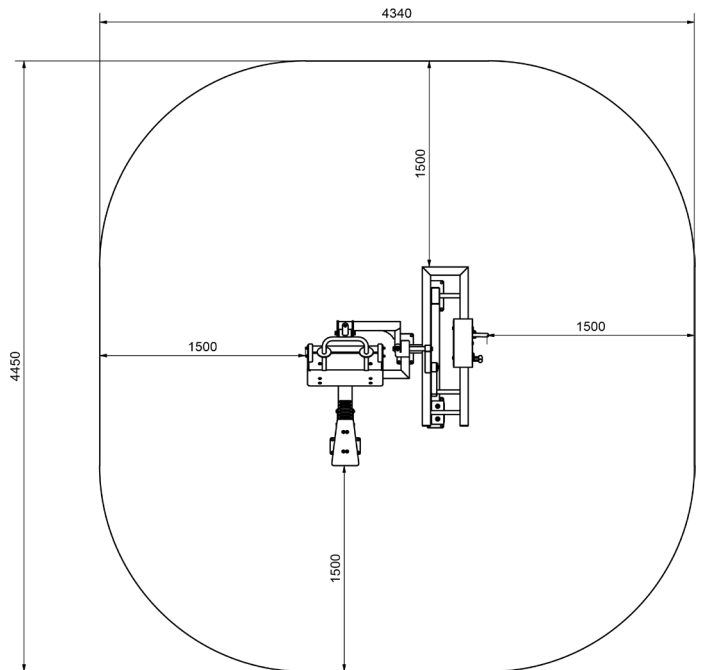
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

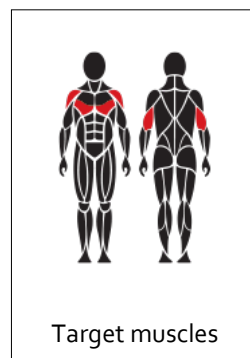
Contact: info@omnigym.com



EN16630

OG85 SEATED DIP

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 17,5-80 kg (1 x weight unit)
 - 2,5 kg increments
- Adjustable grip width
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG85 SEATED DIP

D I M E N S I O N S

Length	2680 mm
Width	690 mm
Height	930 mm
Equipment weight	150 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

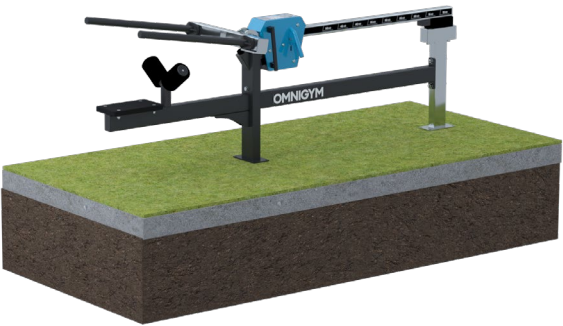
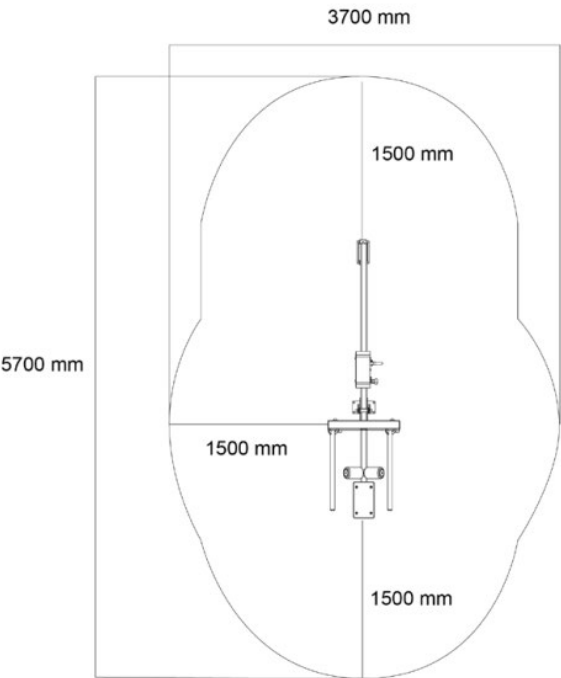
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

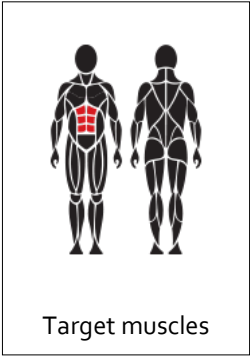
Instruction guide included in delivery:
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Contact: info@omnigym.com



EN16630

OG90 ABDOMINAL BENCH

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Contoured back support
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG90 ABDOMINAL BENCH

D I M E N S I O N S

Length	2175 mm
Width	410 mm
Height	1430 mm
Equipment weight	76 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

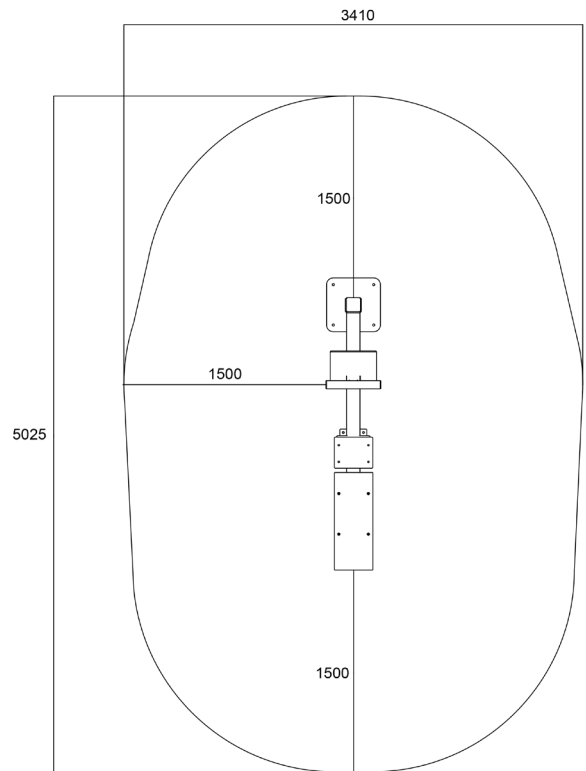
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

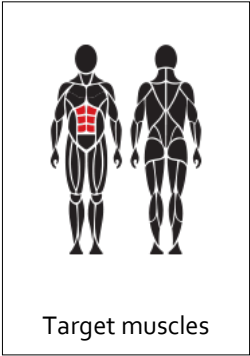
Contact: info@omnigym.com



EN16630

OG91 ADJUSTABLE ABDOMINAL BENCH

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable and contoured back support (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG91 ADJUSTABLE ABDOMINAL BENCH

D I M E N S I O N S

Length	1834 mm
Width	386 mm
Height	857 mm
Equipment weight	52 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

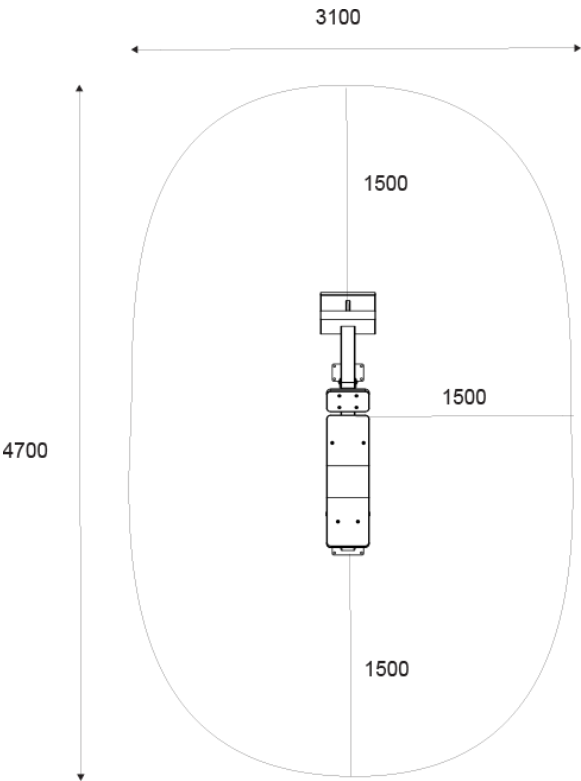
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

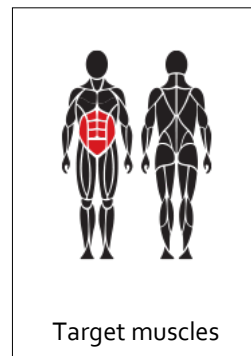
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OG92 ABDOMINAL MACHINE

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 5-75 kg (1 x weight unit)
 - 5 kg increments
- Soft leg support
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG92 ABDOMINAL MACHINE

D I M E N S I O N S

Length	1199 mm
Width	1650 mm
Height	1520 mm
Equipment weight	167 kg (1 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

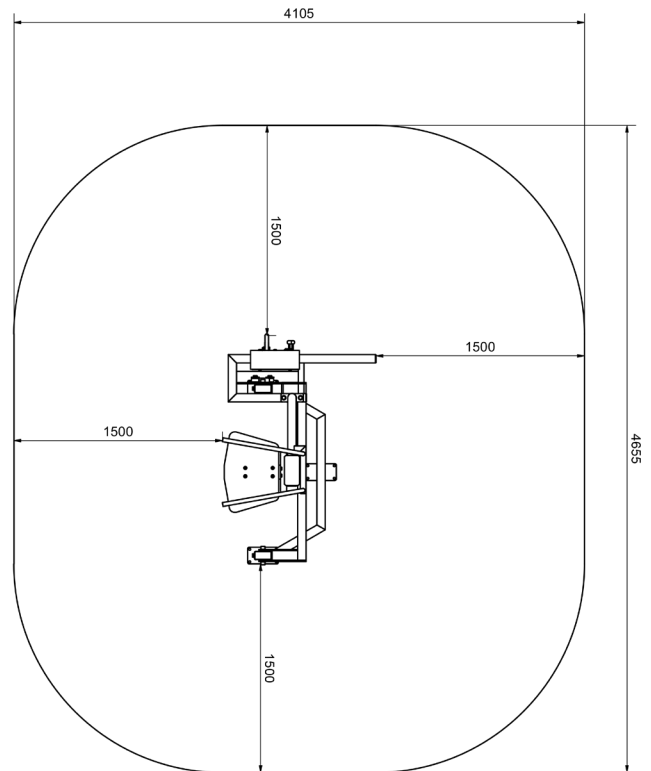
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

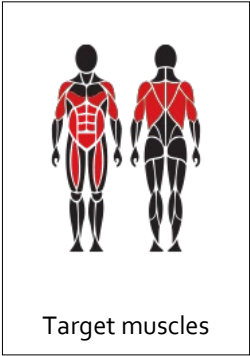
Contact: info@omnigym.com



EN16630

OG95 LEG RAISE/DIP/CHIN-UP

PRODUCT GUIDE



Target muscles

PRODUCT FEATURES

- Effective and safe exercise equipment
- Structural black bar for grip
- Multigrip (width, height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OG95 LEG RAISE/DIP/CHIN-UP

D I M E N S I O N S

Length	1550 mm
Width	960 mm
Height	2255 mm
Equipment weight	164 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

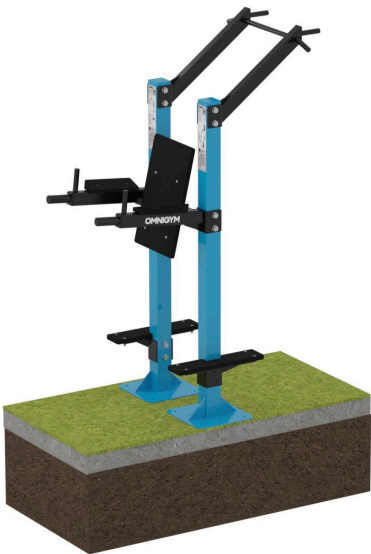
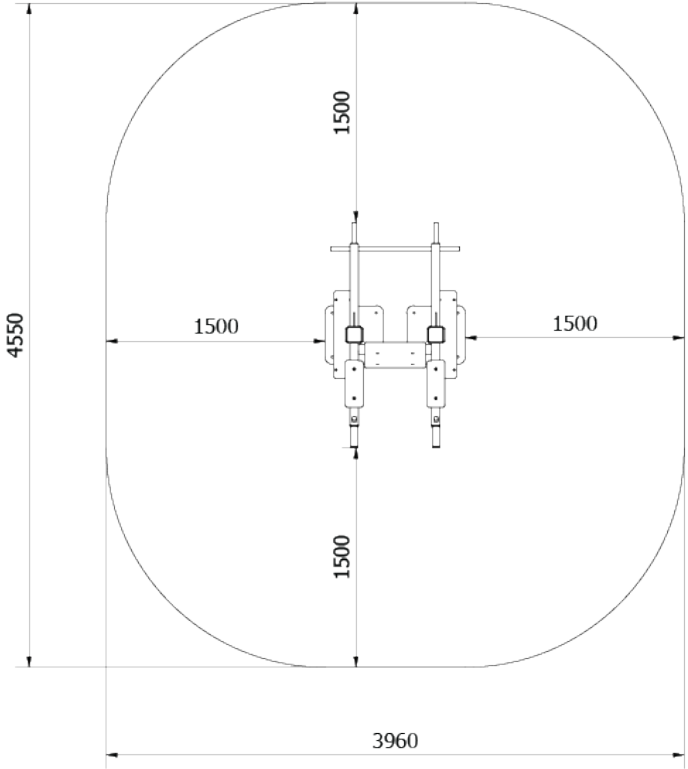
F O U N D A T I O N

Max. free fall height 1199 mm. Safety area must be equipped with impact damping surface such as lawn, artificial grass + padding (22mm) or safety tiles (40mm).

Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

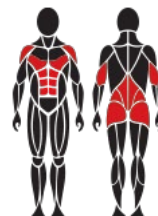
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OGC7 CORE RACK

PRODUCT GUIDE



Target muscles



PRODUCT FEATURES

- Effective and safe exercise equipment
- Structural black bar for grip
- Contoured back support
- Foot peg with 3 different heights
- Multigrip (width + distance)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OGC7 CORE RACK

D I M E N S I O N S

Length	3840 mm
Width	1200 mm
Height	1500 mm
Equipment weight	139 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

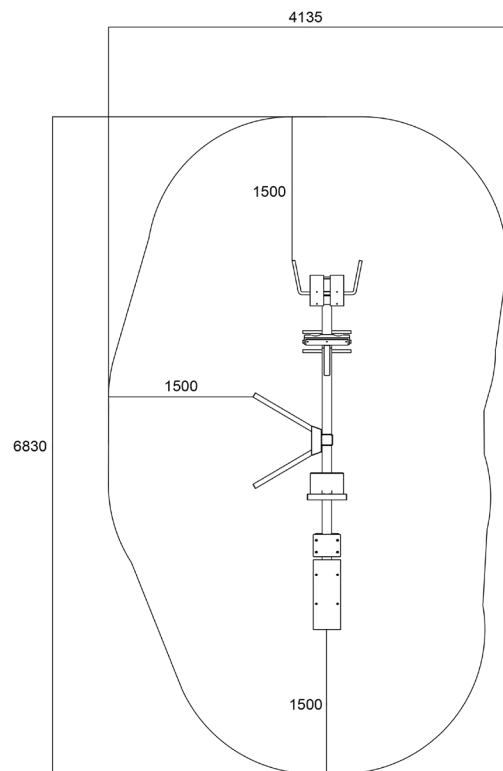
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

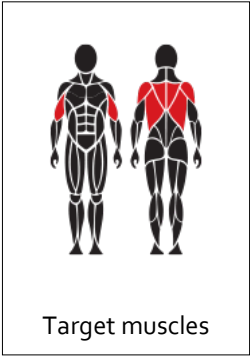
Contact: info@omnigym.com



EN16630

OGCU₂ CHIN-UP

PRODUCT GUIDE



Target muscles

PRODUCT FEATURES

- Effective and safe exercise equipment
- 2 heights
- Structural black bar for grip
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OGCU₂ CHIN-UP

D I M E N S I O N S

Length	230 mm
Width	2160 mm
Height	1720 / 2320 mm
Equipment weight	70 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

Max. free fall height 1320 mm. Safety area must be equipped with impact damping surface such as lawn, artificial grass + padding (22mm) or safety tiles (40mm).

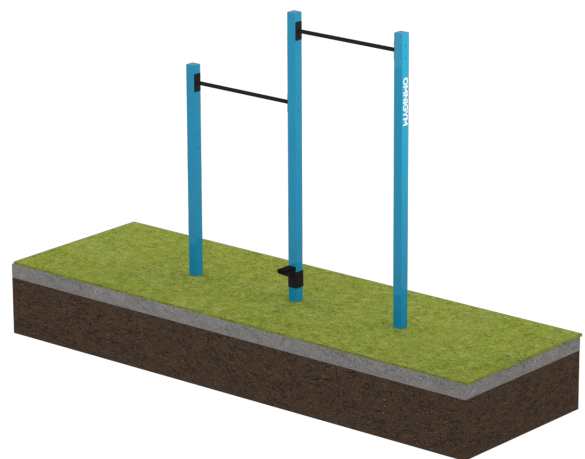
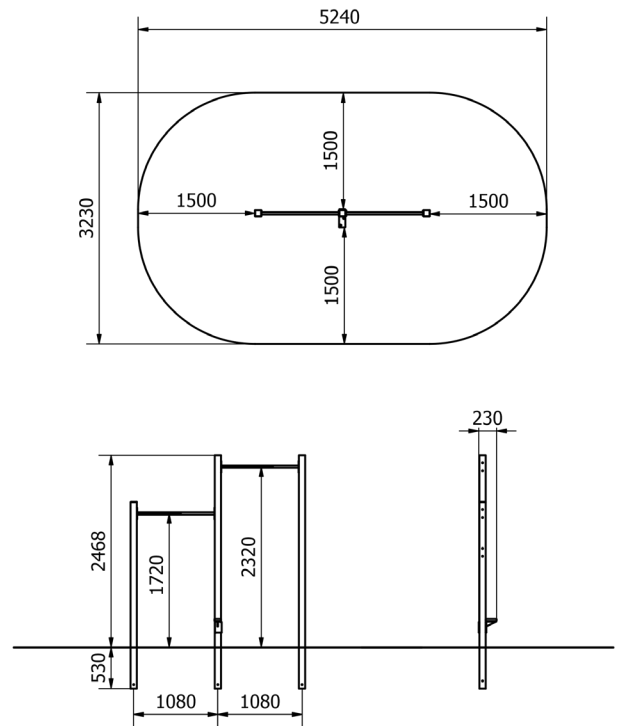
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

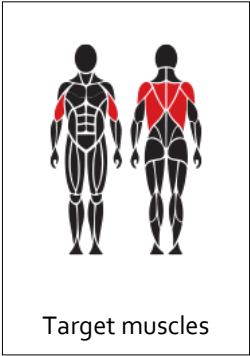
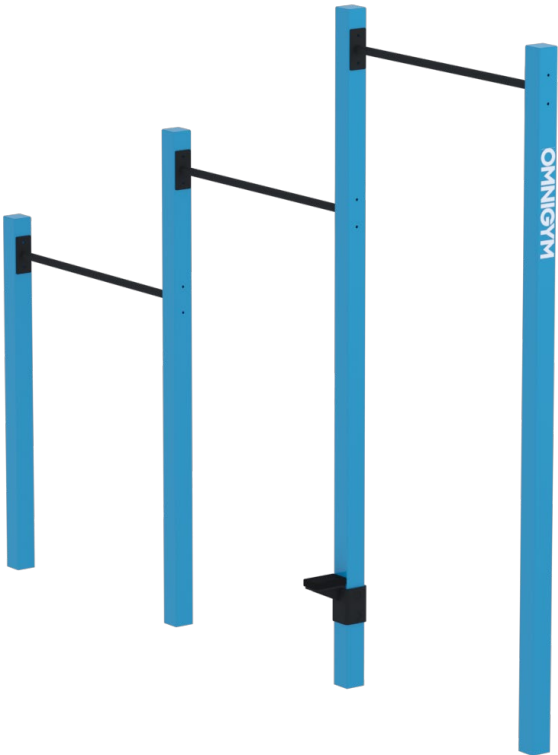
Contact: info@omnigym.com



EN16630

OGCU₃ CHIN-UP

PRODUCT GUIDE



Target muscles

PRODUCT FEATURES

- Effective and safe exercise equipment
- 3 heights
- Structural black bar for grip
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OGCU₃ CHIN-UP

D I M E N S I O N S

Length	230 mm
Width	3320 mm
Height	1220 / 1720 / 2320 mm
Equipment weight	87 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

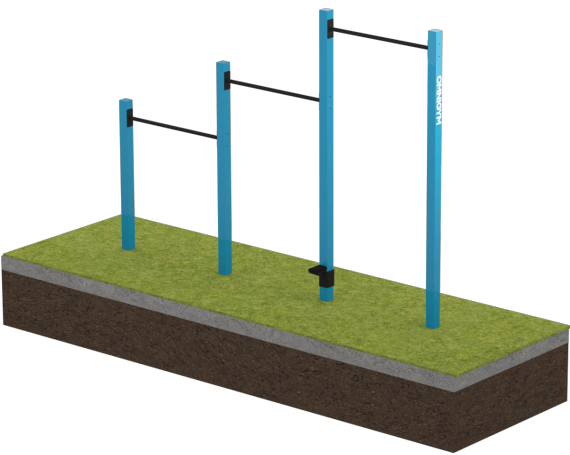
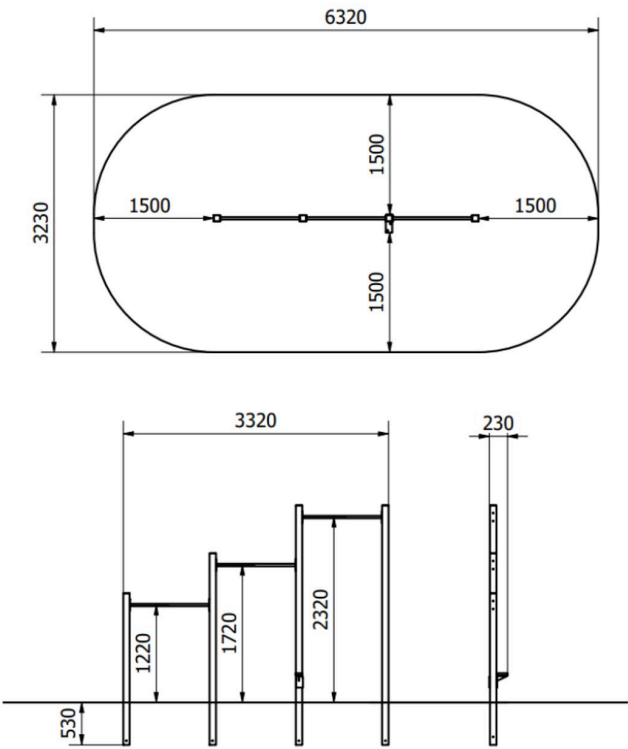
F O U N D A T I O N

Max. free fall height 1320 mm. Safety area must be equipped with impact damping surface such as lawn, artificial grass + padding (22mm) or safety tiles (40mm).

Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

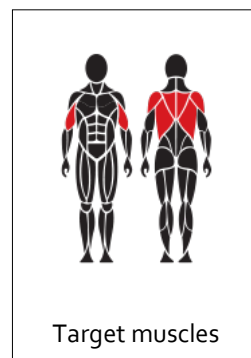
Instruction guide included in delivery:
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Contact: info@omnigym.com



EN16630

OGFA24 FREE ACCESS LAT PULLDOWN

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-100 kg (2 x weight unit)
 - 2,5 kg increments
- Multigrip (width)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OGFA24 FREE ACCESS LAT PULLDOWN

D I M E N S I O N S

Length	1720 mm
Width	1050 mm
Height	1601 mm
Equipment weight	178 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

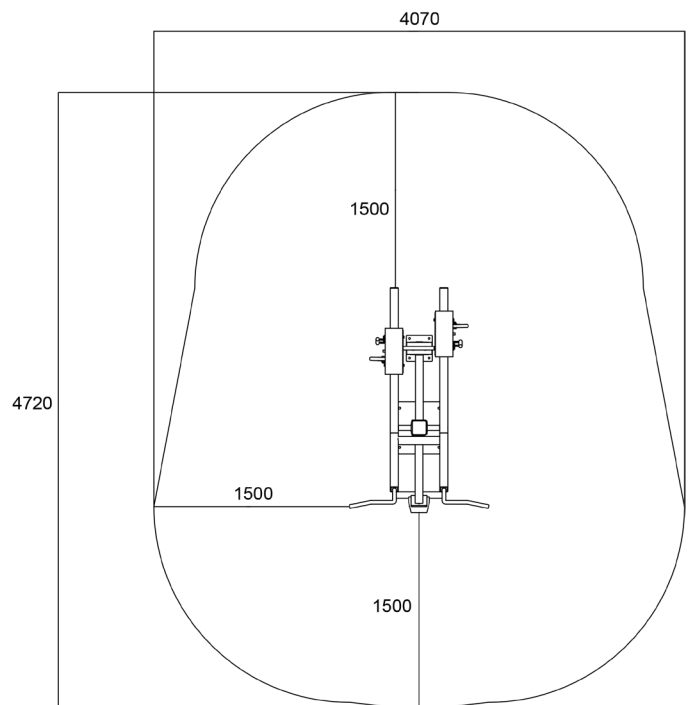
B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

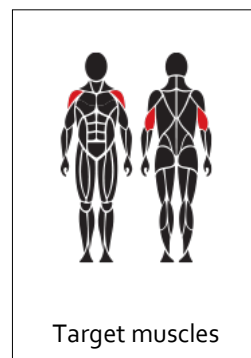
Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com



EN16630

OGFA₄₁ FREE ACCESS FRONT PRESS

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Adjustable loading:
 - 10-85 kg (2 x weight unit)
 - 2,5 kg increments
- Multigrip (height)
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OGFA₄₁ FREE ACCESS FRONT PRESS

D I M E N S I O N S

Length	2055 mm
Width	940 mm
Height	1412 mm
Equipment weight	207 kg (2 x weight unit)

M A T E R I A L

Metal parts	Steel
Movement Arm	Stainless steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating electropolishing

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

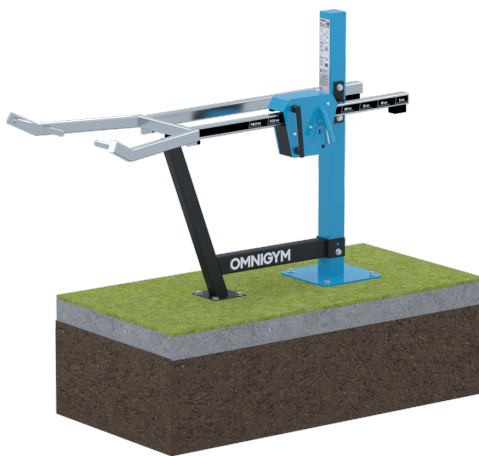
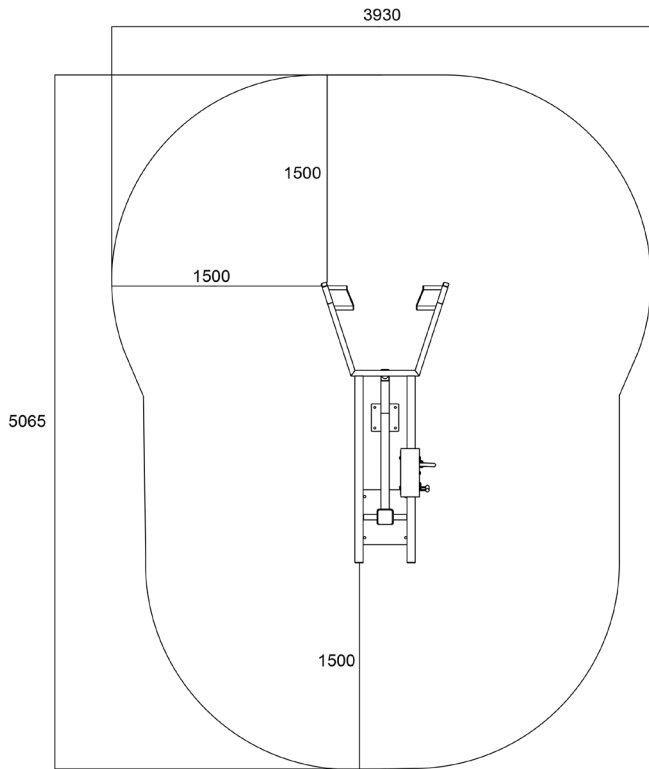
F O U N D A T I O N

For example: artificial turf or moldable safety platform
Concrete min 120 mm below equipment
Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:
installation instructions, maintenance, usage info.
Contact: info@omnigym.com

EN16630

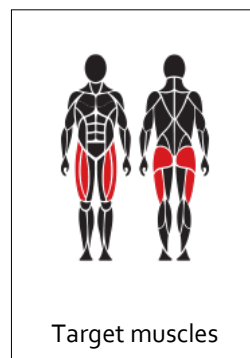
11.6.2025



OMNIGYM

OGPB PLYO BOX

PRODUCT GUIDE



PRODUCT FEATURES

- Effective and safe exercise equipment
- Anti-slip surface
- Available in five heights:
 - 300 mm
 - 450 mm
 - 600 mm
 - 750 mm
 - 1000 mm
- Maintenance-free
- Can be installed on a movable platform

COLOR OPTIONS

The product comes as standard in RAL Classic colors:
RAL 5012 (blue), RAL 3020 (red), RAL 6018 (green)
RAL 1017 (yellow), or RAL 7024 (grey).



Other RAL colors are available at an additional cost.

OGPB PLYO BOX

D I M E N S I O N S

Length	755 mm
Width	750 mm
Height	300-1000 mm
Equipment weight	35 / 40 / 45 / 50 / 60 kg

M A T E R I A L

Metal parts	Steel
Tube Strengths	3-6 mm
Coating solution	Zink and powder coating
Surface solution	Polyurethane coating

C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

B A S E O P T I O N S

A. Concrete	Surface mounting to concrete
B. Platform	Installed on movable platform

F O U N D A T I O N

For example: artificial turf or moldable safety platform

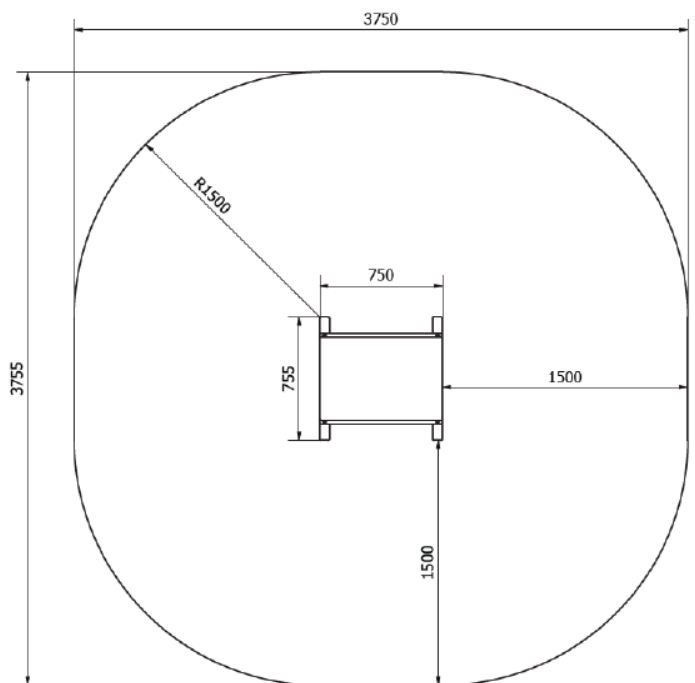
Concrete min 120 mm below equipment

Ground frost insulation, thickness based on the ground

Instruction guide included in delivery:

installation instructions, maintenance, usage info.

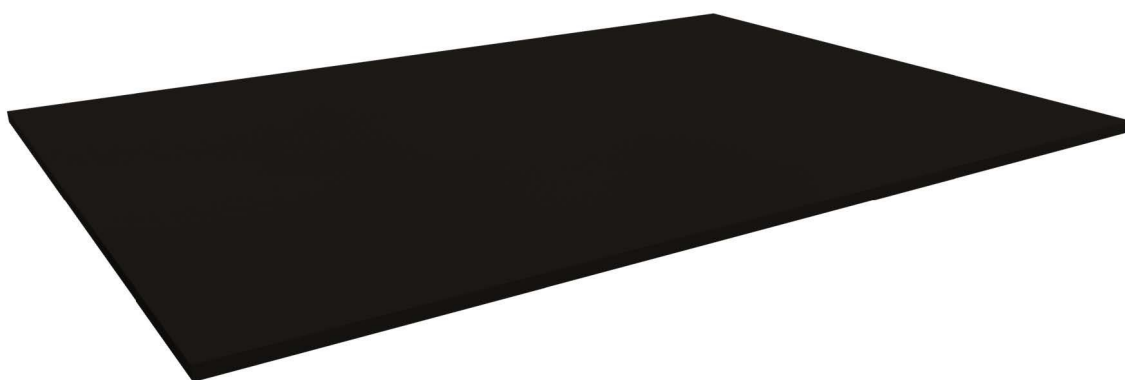
Contact: info@omnigym.com



EN16630

OGMP MOVABLE PLATFORM

P R O D U C T G U I D E



P R O D U C T F E A T U R E S

- Effective and safe exercise equipment
- Fast and easy install for equipment
- Anti-slip surfacing
- Maintenance-free
- Suitable for all equipment except OG95 (See OGMP5)

C O L O R O P T I O N S

The product comes as standard RAL 7021 (black).

OGMP MOVABLE PLATFORM

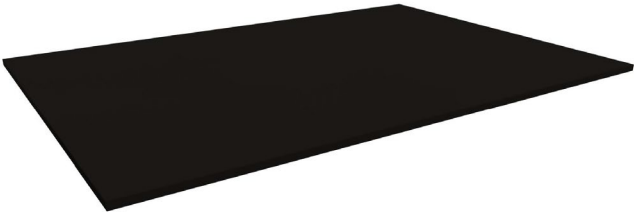
D I M E N S I O N S

Length	3000 mm
Width	1220 mm
Height	40 mm
Equipment weight	152 kg

See product guide of the equipment
to be installed on the movable platform.

M A T E R I A L

Structure	Birch veneer
Coating solution	Polyurethane coating



C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

F O U N D A T I O N

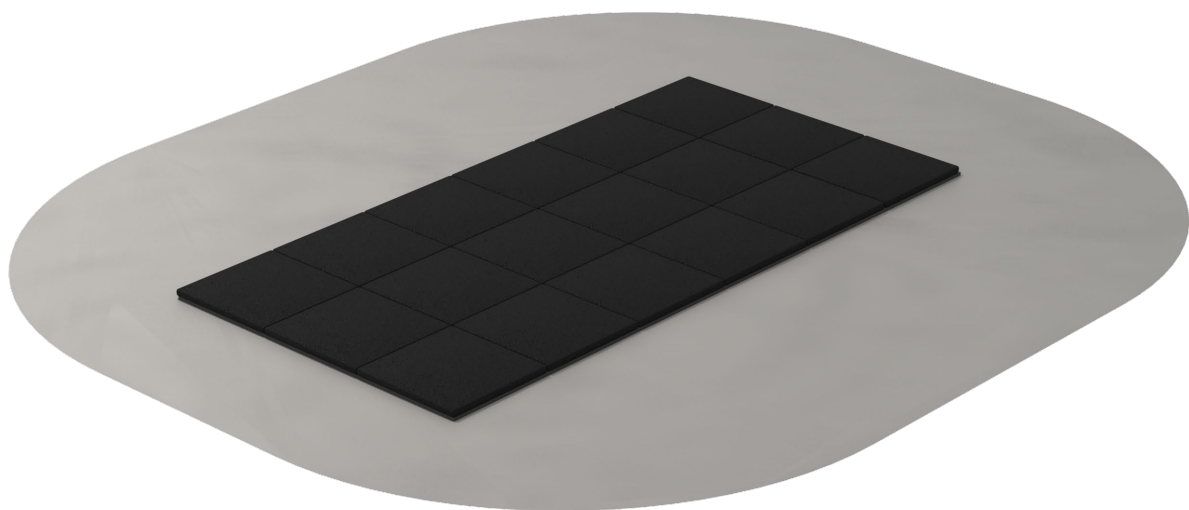
- Max allowed deviation is 10mm at 1000mm distance
- Can be placed on leveled ground surfaces
- Use sand for leveling, if necessary
- Check instructions for transportation

Instructions for transport included in delivery.
Contact: info@omnigym.com

EN16630

OGMPS SAFETY PLATFORM

P R O D U C T G U I D E



P R O D U C T F E A T U R E S

- Effective and safe exercise equipment
- Fast and easy install for equipment
- Anti-slip surfacing
- 40mm safety tiles
- Maintenance-free
- Suitable for OG95

C O L O R O P T I O N S

The product comes as standard RAL 7021 (black).

OGMPS SAFETY PLATFORM

D I M E N S I O N S

Length	30000 mm
Width	1220 mm
Height	40 mm + 40mm
Equipment weight	240 kg

See OG95 product guide.

M A T E R I A L

Structure	Birch veneer
Coating solution	Polyurethane coating
Safety tiles	15 pcs 500x500x40mm



C O U N T R Y / S T A N D A R D

Country of manufacture	Finland
Standard	EN16630

F O U N D A T I O N

Max allowed deviation is 10mm at 1000mm distance

Can be placed on leveled ground surfaces

Use sand for leveling, if necessary

Safety area outside of the platform must be equipped with impact damping surface such as lawn, artificial grass + padding or safety tiles.

Check instructions for transportation

Instructions for transport included in delivery.

Contact: info@omnigym.com

EN16630